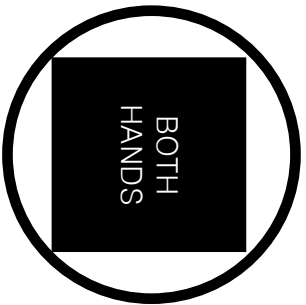
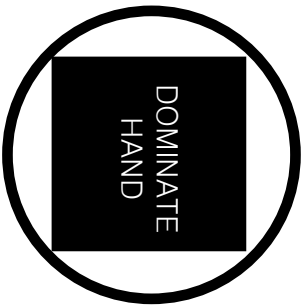
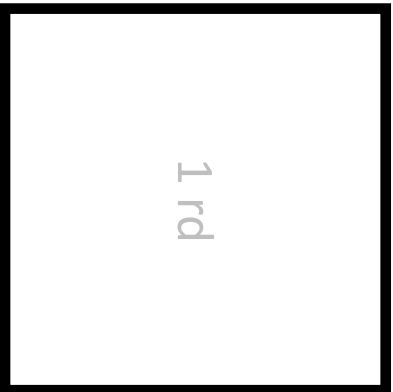


1. 5 rds each, slow aim fire

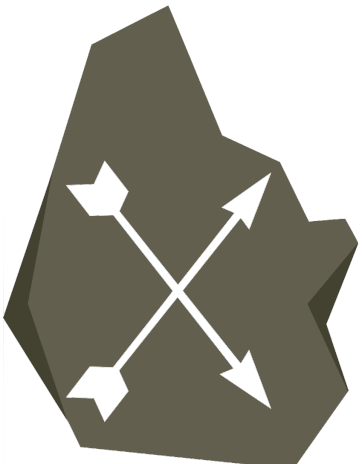


2. Press outs x 10: 5 x 1 rd, 5 x 2 rds



3. One shot draws x 10, slow to fast

4. Reloads x 10: Draw, 1 shot, slide lock reload, 1 shot



Warm up TGT 2

Drill 1= 20 rds

Drill 2= 10 rds

Drill 3= 20 rds

Drill 4= 15 rds

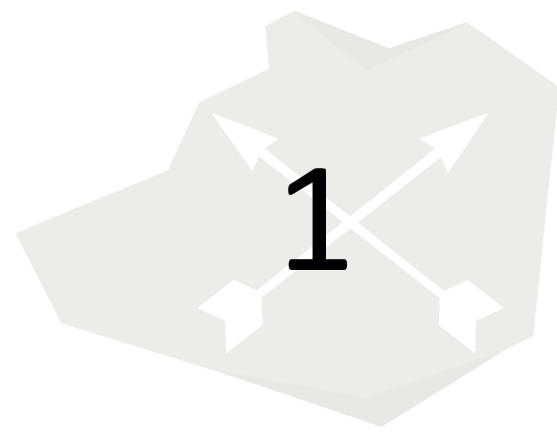
Total= 65 rds

Warm up TGT 2  
Drill 1= 40 rds  
Drill 2= 36 rds

Total= 76

BAER SOLUTIONS

5. Cadence Drill x 2:  
5 rds each speed in appropriate circle for your ability  
1 thousand, 2 thousand, 3 thousand, 4 thousand, 5 thousand.  
1 and 2 and 3 and 4 and 5  
1,2,3,4,5  
12345



6. Throttle control Drill x 3:  
Shoot each target w/ two rds in this order; T1,  
T2, T1, T3, T1, T4

